

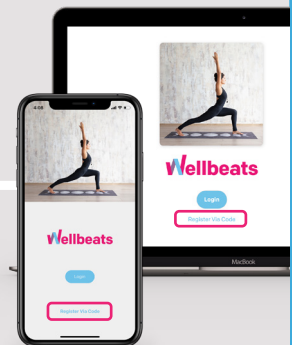


# 500+ ways to enjoy a fitness benefit in the privacy of your home

## GET STARTED IN 3 EASY STEPS

### STEP 1

Download the Wellbeats App or visit the website portal:  
[portal.wellbeats.com](https://portal.wellbeats.com)



### STEP 2

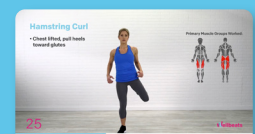
Select 'Register Via Code' and enter invitation code

### INVITATION CODE



### STEP 3

Play a fitness class!



## FITNESS IS FOUNDATIONAL

Exercise benefits the mind as much as the body. Nutrition fuels both. Wellbeats is an equitable, affordable, and easy-to-use on-demand fitness benefit that empowers habit forming physical and mental health.

## FITNESS FOR THE WHOLE FAMILY

- 500+ high quality, 1-60 minute videos
- 30 channels, no equipment options, for every age, interest and ability
- Recommendation engine used to personalize and serve up content
- Goal-based challenges and fitness assessments
- Highly certified, relatable instructors
- Safe and education based
- Track progress and results

[support@wellbeats.com](mailto:support@wellbeats.com) [wellbeats.com](https://wellbeats.com)