



227 W. Parkside Avenue
Lombard, IL 60148

p (630) 627-1281
f (630) 627-1286

www.lombardparks.com

FOR IMMEDIATE RELEASE

January 31, 2025

Nicole Kondraschow, *Marketing and Communications Manager*: 630.953.7300

Angus Shields, *Director of Recreation*: 630.953.6103

Madison Meadow Athletic Center Hosts Fitness Open House on February 16

500 E. Wilson Ave. Lombard, IL

Madison Meadow Athletic Center is excited to invite the community to its Fitness Open House on Sunday, February 16, from 9:00 am to 4:00 pm. This event is a great opportunity to explore everything the facility offers!

Guests will enjoy free group fitness classes throughout the day, offering a taste of the variety and energy members can experience weekly. Whether you want to improve your strength, flexibility, or overall wellness, there are opportunities for every level. Guests can take guided facility tours to explore the equipment, fitness areas, and amenities to enhance their workout experience.

The event will feature exciting giveaways, refreshments, orientations with personal training, group fitness demos, and more. New members who sign up on the day of the Open House will receive their first month free. Don't miss out on this fun, family-friendly event that will get you moving and motivated for the year ahead.

Mark your calendars and bring your friends and family! We can't wait to see you there! For more information or questions, please call 630.519.5859 or visit mmaclombard.com.